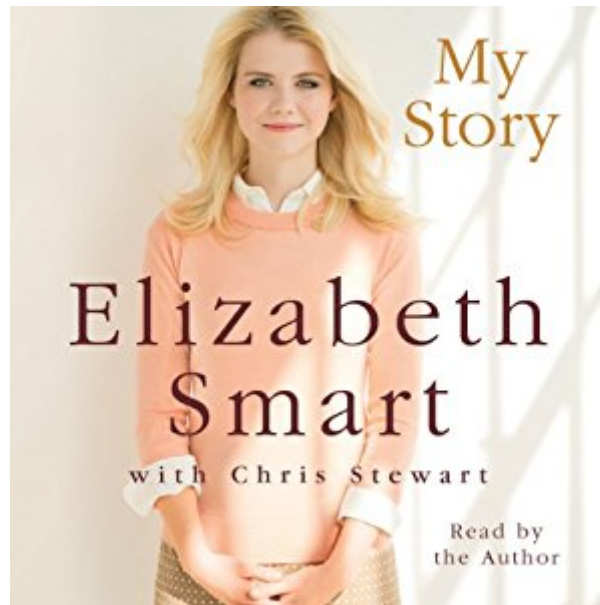


The book was found

# My Story



## Synopsis

For the first time, 10 years after her abduction from her Salt Lake City bedroom, Elizabeth Smart reveals how she survived and the secret to forging a new life in the wake of a brutal crime. On June 5, 2002, 14-year-old Elizabeth Smart, the daughter of a close-knit Mormon family, was taken from her home in the middle of the night by religious fanatic Brian David Mitchell and his wife, Wanda Barzee. She was kept chained, dressed in disguise, repeatedly raped, and told she and her family would be killed if she tried to escape. After her rescue on March 12, 2003, she rejoined her family and worked to pick up the pieces of her life. Now for the first time, in her memoir, *My Story*, she tells of the constant fear she endured every hour, her courageous determination to maintain hope, and how she devised a plan to manipulate her captors and convinced them to return to Utah, where she was rescued minutes after arriving. Smart explains how her faith helped her stay sane in the midst of a nightmare and how she found the strength to confront her captors at their trial and see that justice was served. In the nine years after her rescue, Smart transformed from victim to advocate, traveling the country and working to educate, inspire and foster change. She has created a foundation to help prevent crimes against children and is a frequent public speaker. In 2012, she married Matthew Gilmour, whom she met doing mission work in Paris for her church, in a fairy tale wedding that made the cover of *People* magazine.

## Book Information

Audible Audio Edition

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Biographies & Memoirs > True Crime

## Customer Reviews

Before I go into my review, I have to say something first. About two years ago, I read much of what

Elizabeth talks about, in her trial transcript. A Utah online newspaper published her testimony and it was just as hellacious sounding to me, back then, than it was two nights ago, when I finished her book. After I read all of that, I contacted Ms. Smart on Facebook. I did not expect to hear from her and that was not the point of my contacting her. I wanted to tell her that one of the happiest days of my life, was when she was found alive. Why? Because I thought she was dead. I assumed it. I assumed it, because I thought her little sister's story was ridiculous, and I thought that Ed and Lois Smart were no better than John and Patsy Ramsey. Meaning, I assumed they killed their daughter and made up the whole story about the man in her bedroom. Then I heard she was alive. Then I saw a picture of that piece of filth, Brian David Mitchell and I knew what happened. I had just never heard the details before. I told Ms. Smart that I feared she would never be seen again, that I admired her courage for actually fighting to stay alive, JUST to make sure that her cousin Olivia (who looks a lot like her) was not Mitchell's next victim or fantasy 'bride'. Ms. Smart wrote me back, thanking me. She also sent me a poem. I am not into poetry, but this one spoke of blue seas and other pretty things, and I was not only touched, but happy that this young woman was able to forge a life for herself, after such a harrowing time in her young life. Now on to my review of 'My Story' by Elizabeth Smart.

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